

# **REGULAR MEETING OF THE OAKLAND BOARD OF HEALTH**

**March 19, 2013- 7:30 p.m.**

**Conference Room - Municipal Building, Municipal Plaza, Oakland, NJ**

## **CALL TO ORDER**

Mr. Tiffinger called the meeting to order at 7:37 PM.

## **ROLL CALL**

Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West.

## **OTHERS PRESENT**

Thomas J. Romans, Esq., Dr. Nancy Mangieri, H.O. & Senior Sanitary Inspector (REHS) Deborah A. McGrath

## **ABSENT**

Mr. Talucci was absent due to illness.

Motion of Mr. Ostapczuk, seconded by Ms. Blanco, Mr. Talucci's absence due to illness was excused.

Roll Call: All Yeas - Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West

## **MEETING ANNOUNCEMENT**

Mr. Tiffinger announced that the meeting was being held in accordance with the regulations of the Public Meetings Law, notices of which were sent to The Record, Suburban Trends and any other persons requesting same.

## **REGULAR BUSINESS**

### **ADOPTION OF MINUTES**

The Board reviewed the February minutes. Ms. West pointed out a sentence about ducks from a discussion at a meeting that took place months ago and didn't seem to belong. Ms. Dubowick will delete it.

On motion of Mr. Ostapczuk, seconded by Dr. Danko, the minutes were approved with the correction.

ROLL CALL: All Yeas – Ms. Blanco, Dr. Danko Mr. Ostapczuk, Ms. West, Mr. Tiffinger

### **REVIEW REPORTS**

**Ms. Wilgus entered the meeting at 7:50 PM**

The Board reviewed the following reports:

- Sanitarian's (REHS') Report – February
- Secretary's/Registrar's Report – February
- Tyco Animal Control Report – February

## **Regular Meeting of the Oakland Board of Health – March 19, 2013 – Page 2**

On motion of Mr. Ostapczuk, seconded by Ms. West, the reports were accepted.

Roll Call: All Yeas – Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West, Ms. Wilgus

### **PAYMENT OF BILLS**

The Board reviewed the following bills:

2/1/2013 – Tyco Animal Control (Monthly Animal Control Services charge for February, per contract)	\$1,175.00
3/12/2013 – Borough of Waldwick (One child seen for exam/immunizations at the 3/12/13 CHC)	\$ 35.00
3/19/2013 – Thomas J. Romans, Esq. (For professional services rendered in March, per contract)	\$ 212.50

Motion of Ms. Wilgus, seconded by Ms. West, the bills were approved.

Roll Call: All Yeas - Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West, Ms. Wilgus

### **UNFINISHED BUSINESS**

No unfinished business.

### **NEW BUSINESS**

#### **REVIEW OF MC COY FARMS SEPTIC PLANS – BLOCK 4202, LOTS 1.01, 1.02, 1.03, 1.05 & 1.06**

Inspector McGrath reported there are 23 building lots in this project, including 21 single-family units, a two-family unit and a three-family unit. The plans presented for the Board's approval were revised to meet the new code standards, as well as Oakland's requirements. Inspector McGrath stated she had reviewed and approved all of the plans being presented.

Motion of Ms. Ostapczuk, seconded by Ms. Wilgus, the Board approved the septic plans for Block 4202, Lots 1.01, 1.02, 1.03, 1.05 and 1.06

Roll Call: All Yeas - Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West, Ms. Wilgus

#### **DOG PARK**

Mr. Ostapczuk reported on the planning taking place for Great Oak Park and the proposed dog park sub-project developed by a resident in town. Mr. Ostapczuk said the resident has been working on this project for five years, has put a lot of work into it and hopes to name it memory of his mother who passed away.

Mr. Ostapczuk reported that various fundraisers will fund the cost of the project, including the sale of Oakland Borough seal lapel pins which has already started. Another proposed source of funding is a \$2.00 increase in dog license fees, an issue Mr. Ostapczuk brought before the Board for discussion. Mr. Ostapczuk was informed that licensing cats and dogs is a function of the Borough Clerk's office, not the Board of Health, so he would have to discuss that issue with the Borough Clerk, Mayor and Council.

Mr. Ostapczuk reported that town hall meetings have been taking place to discuss the plans for the 40-acre Great Oak Park that also includes walking trails, band shell, a great lawn a bike track and a skate park. The scouts are also involved in the project. Dr. Mangieri said the park will encourage activity, something she supports because of obesity issues.

## **Regular Meeting of the Oakland Board of Health – March 19, 2013 – Page 3**

Mr. Ostapczuk reported that he invited the resident working on the dog park project to come to the next Board meeting to present his plans and will send Ms. Dubowick the e-mail address to contact him. Dr. Mangieri offered to provide anecdotal information on the challenges the County faces at its dog parks. Members of the Board expressed concern about management of dog waste and the potential for biting incidents and wished to address these issues when the presentation is made next month.

### **ANY OTHER BUSINESS**

Mr. Tiffinger invited Dr. Mangieri to address the Board. Dr. Mangieri reported that Public Health Week is slated for the first week of April. Events being held across the County include “15 Minutes Across the County” to promote exercise and reduce obesity and an event being held in Fair Lawn to honor Board of Health members who have served for 20 years or more as well as several other individuals for their extraordinary work assisting the County during Hurricane Sandy.

Dr. Mangieri spoke about County Mental Health Coordinator Michelle Hart-Loughlin and encouraged the Board to invite her to a meeting to speak about mental health services offered by the County. Dr. Mangieri distributed materials provided by West Bergen Mental Health and indicated that information about mental health resources is not shared freely, so it's important that information about resources is available so residents can easily access it when needed. Dr. Mangieri also distributed information provided by West Bergen Mental Health about programs being offered. It is recommended that this information be posted in the Library and on the Borough's website so people don't have to come in and ask for it.

Dr. Mangieri also provided information on and a poster for the HIV confidential counseling and rapid testing center in Hackensack and suggested posting the information in the community. There are also two new health educators at the County, one with a Ph.D. Also presented was a poster for Spring House, an alcohol and drug treatment center for woman living in Bergen County.

Dr. Mangieri spoke about the importance of communication and taking advantage of shared services to make best use of available funds. The County has many content experts that may be used as resources.

On May 11<sup>th</sup>, the town of Lyndhurst and some of the surrounding towns in Southern Bergen County Dept. are hosting with Bergen County Dept. of Health Services a Health-Safety-Life Expo called “Spring into Health”. It will be festival-type environment. Research indicates health fairs do not draw people. This event will have an educational component, an interactive component and a resource component and healthy food will be served. Dr. Mangieri encouraged Board members to attend the event in hopes that Oakland and some of the surrounding towns might host a similar event. Between 5,000 and 7,000 people are expected to attend.

The County is working on a Chronic Disease Self-Management Training developed by Stanford University. The course, funded through grant money, is being offered for free by the County and includes a workbook and CD. The course runs for 2-1/2 hours, one day week, for six weeks. The goal is for towns to recruit 12 to 15 residents who have chronic disease or care for someone with chronic disease to participate in the training. It is hoped that some of the participants would be willing to recruit and train additional groups of residents.

Oakland would have to provide the space to hold the program and recruit the participants, and the County will provide two trainers, snacks and materials. Dr. Mangieri recommended arranging to have one of the trainers come to present the program so the Board could then decide how the program might fit in Oakland.

Dr. Mangieri asked if the Borough has an Employee Assistance Program (EAP) and SAP (Substance Abuse Professional) available for Borough employees with CDL licenses. Drug testing is required to be done on some employees with CDL licenses. The County provides these services.

Dr. Mangieri lastly spoke about the Drug Take Back Program where residents can drop off unused medications and asked if Oakland's Police Dept. will be installing one of the free, customized postal office-type drop boxes. Dr. Mangieri encouraged Oakland to participate in the Program in order to prevent kids from abusing drugs. Pain medications are the gateway drug to heroin. Getting medications out of the hands of children is important. Mr. Tiffinger said that the medication drop off box is also important because it keeps drugs out of the environment.

Mr. Tiffinger asked Dr. Mangieri if the 25% reduction in the cost of the 2013 contract will be permanent. Dr. Mangieri said it would be and that hoped to further reduce the cost of the contract next year. The County is also looking into offering a two-year contract. Mr. Tiffinger also asked Dr. Mangieri about the County's notification policy when an incident occurs such as the blood exposure that took place when an employee prepping food in a restaurant kitchen accidentally cut off part of his finger. Dr. Mangieri responded that the County Police portal is the best way to access the Bergen County Health Department at all times, during both business and non-business hours when such an incident occurs.

Mr. Tiffinger also asked if the County has the ability provide additional R.E.H.S. coverage should the Borough require it. Dr. Mangieri said she would have to look into that before she responds. Dr. Mangieri asked Mr. Tiffinger to let her know what the Borough needs to be sure she can provide the services requested.

Dr. Mangieri was asked when the Gold Star Award Program Ceremony is being held. It was reported that one of the Oakland Gold Star Award recipients, an individual who does an outstanding job running the food service program for Oakland's elementary and middle schools, informed her supervisor last fall that she had won the award but has yet to receive it from the County. She came into the office, recently, to report that her employer is beginning to doubt that she actually won the award since other Gold Star Award recipients in her company had received their awards last year. She said she has received no word on when Bergen County is holding their awards ceremony and has received nothing in writing to show her supervisor that she won the award. Dr. Mangieri said she would look into the matter.

Dr. Mangieri also spoke about new personnel brought on board by the County and concluded by saying that she will get back to the Board with information on policy, Spring House, the dog park, when the Gold Star Awards Ceremony is taking place.

## **ADJOURNMENT**

On motion of Mr. Ostapczuk, seconded by Ms. Wilgus, the meeting was adjourned at 9:02 PM.

Roll Call: All Yeas – Ms. Blanco, Dr. Danko, Mr. Ostapczuk, Mr. Tiffinger, Ms. West, Ms. Wilgus

APPROVED:

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Stephen C. Tiffinger, President

ATTEST: \_\_\_\_\_  
Karin Kennedy Dubowick, Secretary

DATE: \_\_\_\_\_