Mountain Bike Training Program Summer 2019

Presented by the Oakland Recreation Commission Adults and Children (*10 person max per class*) Course includes 5-One Hour Classes with a professional instructor at:

Great Oak Park

June 21 5 p.m. to 6:00 p.m.

June 25 5 p.m. to 6:00 p.m.

June 28 5 p.m. to 6:00 p.m.

July 2 5 p.m. to 6:00 p.m.

July 5 5 p.m. to 6:00 p.m.

All Participants Must Have the Following:

1. A well maintained bike
2. Properly fit mountain bike helmet
3. Water or sports drink
4. Gloves

*There will be no equipment supplied at the class*

Registration fee $50

For further information and to register please go to https://www.oakland-nj.org/mountain-biking

**Mail in or drop off registration form: c/o Tracy Saliani, Recreation Aide**

**1 Municipal Plaza
 Oakland, New Jersey 07436**

Any questions please contact Commissioner Sandra Coira at Oaklandreccom@gmail.com