

## **OAKLAND FREE ADULT HEALTH CLINIC**

The Oakland Board of Health, in conjunction with Bergen County Department of Health Services, offers a free blood pressure screening and consultations with a registered nurse to Oakland residents age 18 and over on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month, from 1 PM to 3 PM. The Adult Health Clinic is held at the Oakland Senior Center, 24 Lawlor Drive. No appointment is necessary.

Should the Senior Center be closed for inclement weather, the Adult Health Clinic will be canceled. Contact the Senior Center at 201-405-7731 if you have any questions.